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Diaper Change!

Diaper change! Diaper change! [Baby's name] needs a diaper change. Off with the old, on with the new. [Baby's name] no longer smells pee-yoo!

Diaper Changing Time

Diaper changing time can be a great opportunity for bonding. Try adding a rhyme or song to the routine. Chatting and singing make the experience more pleasant for both of you, as you bond and learn together.



- Reserve a special toy just for diaper changing time. A soft, squeaky toy will keep baby busy at diaper time.
- This is a great time for baby to learn about their body. Narrate what you are doing, and talk to them about their body while you diaper.
- Get a little goofy! Put a clean diaper on your head or under your arm pit and ask, "Where's the diaper? I can't find it!" or turn a clean diaper into a puppet and make it talk.
- Diaper changing time will happen wherever you go, whether you want it to or not! Try singing a special song or saying a particular rhyme every time, to keep it familiar and comforting when diapering in an unfamiliar place.



- Everyone Poops by Taro Gomi
- My First Body by Louise Tucker
- This Little Piggy by Annie Kubler
- Toes, Ears, & Nose! by Marion Dane Bauer
- Where is Baby's Yummy Tummy? by Karen Katz





Get going today!